Amendments to the claims

This listing of the claims will replace all prior listing and versions of the claims in this application.

Claim 1 (currently amended): A flavored capsule suitable for encapsulating a dose of fish oil, comprising: a)a forming agent chosen from the group consisting of gelatin and vegetable starch; b) a capsule softener; c) water; and d) a water soluble flavoring, said water soluble flavoring dissolved in said gelatin combined with said forming agent, said capsule softener, and the water, wherein said capsule softener is present in the range of about 10% to about 35%, the water is present in the range of about 6% to about 10%, and the water soluble flavoring is present at a concentration greater than 0.2%.

Claim 2 (original): The flavored capsule of claim 1, wherein the forming agent comprises gelatin and the capsule softener comprises a polvol.

Claim 3 (original): The flavored capsule of claim 1, wherein the forming agent comprises vegetable starch and the capsule softener comprises a polyol.

Claim 4 (original): The flavored capsule of claim 2, wherein the polyol comprises sorbitol or glycerol.

Claim 5 (original): The flavored capsule of claim 3, wherein the polyol comprises sorbitol or glycerol.

Claim 6 (previously presented): The flavored capsule of claim 2, further comprising a dose of fish oil encapsulated therein.

Claim 7(previously presented): The flavored capsule of claim 3, further comprising a dose of fish oil encapsulated therein.

Claim 8 (original): The flavored capsule of claim 6, further comprising an oil soluble flavoring in the fish oil dose.

Claim 9 (original): The flavored capsule of claim 7, further comprising an oil soluble flavoring in the fish oil dose.

Claims 10-13 (cancelled).